

Troop 818 Canoeing Gear Check List

DB – Dry Bag

CAMPING GEAR

- DB - Copy of appropriate pages from Scout Handbook in ziplock bag with pencil as needed
- Duffle Bag, attach to canoe with quick draw
- Light weight day pack
- DB - Sleeping Bag
- DB - **H₂O Proof Stuff Sack for Sleeping Bag**
- DB - Foam Pad in H₂O proof bag
- Tent (to be shared)
- Ground Cloth for Tent
- DB - *Flashlight ** (battery backwards)*
- DB - Extra flashlight batteries
- DB - Extra flashlight bulb
- Totin' Chip card
- Firem'n Chit card
- DB - Tinder
- Sunglasses (worn)
- Whistle and or visual signal device
- 25 ft. 1/8" Rope (shared with buddy)
- Small Pocket knife
- DB - Matches in water proof container
- Compass & (DB) map of area
- Two-liter water bottle (full) attach to canoe with quick draw
- DB - Personal first aid kit
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- DB - Trail food (snacks)
- Quick Draw supplied by troop
- Carabiner 2, inexpensive

DB - CLOTHING

- DB - Underwear 2
- DB - Class-B T-shirt
- DB - Spare T-shirt
- DB - Long sleeve shirt
- DB - Nylon Zipoff pants or Shorts & Long pants
- Shade hat with chin strap
- Bandana
- Light Jacket
- Substantial Rain Gear (no ponchos)
- Mechanics type gloves for paddling
- Plastic bag for wet/dirty clothes
- Stocking Hat for night
- Camp shoes or light hiking boots

PERSONAL ITEMS

- Hand sanitizer in ziplock bag
- Comb (also for cholla removal)
- DB - Toothbrush and small toothpaste (share)
- DB - Small towel
- Lip balm (chapstick, SPF 15)
- Sunscreen (small for weekend)
- Bug repellent
- DB - Toilet paper (roll some off in ziplock bag)
- DB - Medication (Trip length + 2 days)
- Glasses strap if glasses worn

OPTIONAL

- Water proof or Camera or in Dry Bag
- Cat hole shovel per two

FOOD and COOKING GEAR For Two – Menu: Dry food, add hot water

- Spatula/serving spoon, 1 per patrol
- Cup
- Plate or bowl
- Spoon and fork / spork
- Aluminum foil (to cover plate or bowl)
- Stove (2 per patrol)
- Fuel (one full cartridge)
- Clean up scraper/strainer, 1 per patrol
- Dishes drying sheet, 1 per patrol
- Dish Soap (only enough for needs)
- Gallon size zip lock freezer bags, qty 2
- Quart size zip lock freezer bags, qty 2
- Spices
- Drink mixes (Gatorade)

Troop Equipment

- Large Pot to boil water, 4 per troop
- Pot holder/lid lifter (or multi-tool pliers) 1 per pot
- Water filter, 4 per troop

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Notes:

- Pack from the list and don't over pack. Every pound you bring is a pound you have to paddle with.
- Dress in layers that can be added to or taken off as weather dictates. Conserve weight by making items do double duty. For example if it will be warm during the day and cool off at night –
 1. Walk in shorts and a t-shirt with sweater.
 2. As the day warms, remove the sweater
 3. As the day cools, add long sleeved shirt or sweater.
 4. Add next layer as needed.
 5. Then add jacket for coolest part of the evening.
 6. Change into long johns for bed time.
 7. Put tomorrow's socks and underwear inside sleeping bag at bedtime. In cold weather, never sleep in what you wore that day. Change your socks, and put on the stocking hat
- If you are considering buying rain gear – buy a rain jacket and pants instead of a poncho. The rain jacket can be a windbreaker jacket for cool evenings/mornings. They pack really small, and are light to carry.
- A sheet of 5 or 10 mil plastic (painter's drop cloth?) can be a ground cloth. A 10'x10' piece can be made into a lean-to shelter for two scouts.
- Buy bigger food packages and repackage for the trip. Never carry a box when a bag will do. Remember to include the directions!! If you pack it in, pack it out
- You can go to the store and buy lots of food items that pack well in your backpack. Check out the backpackers' food file on [www. Backpacker.com](http://www.Backpacker.com)

On the trail - boil water in your medium sized pot. Put food items into personal bowls and add hot water. Let soak until ready, eat and enjoy.

Add Gatorade or Crystal light to your water bottle, but not your water bladder.

Cleanup - Use tortillas to help clean your bowl. Add hot water, stir with your spoon to get all food particles in suspension and drink the soup. Then wash with soap and hot water, rinse and set on drying sheet to air dry.

Sanitize with boiling water before next use. Dispose of any food particles in garbage (use the zip lock from the pudding). Use a strainer if necessary. When your stove is cool, put it away and go have fun.